

Confined Space Awareness Training

Introduction

On average, work in confined spaces kills 15 people every year in the UK across a wide range of industry sectors. Specific, detailed and frequent training is necessary for all people working in, or responsible for people who work in, confined spaces.

What does the course include?

- Current legislation.
- Recognition of confined spaces.
- Dangers associated with these areas including video film.
- Human respiratory system
- Use of gas detection equipment in hazardous atmospheres.
- Use of personal protective equipment, i.e. ropes, harnesses and man riding hoists.
- Use of escape breathing apparatus and escape sets.
- The importance of Pre-entry checks on equipment
- Safe Systems of Work for entry into confined spaces.
- Methods of communication.
- Manning levels.
- Emergency procedures.
- Diseases and personal hygiene associated with confined spaces.
- Awareness of the need for periodic examinations of equipment.
- Course assessment

How long is the course?

8 Hours

Why do I need it?

To provide delegates with a thorough understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and the ability to enter, work and leave them safely, in addition to gaining an understanding of the safe use and planned maintenance of airline breathing equipment.

What Qualification do I get?

All of our training courses are delivered by our industry experienced instructors all delegates will receive a certificate of training.

What can I do next?

Once you have completed the operative training course it is possible to progress to the confined spaces awareness training course for Managers and Supervisors.

Where can I train?

The training can be delivered on your site if it meets the course requirements or at one of our three training centres situated throughout the UK.