



Working At Heights

Introduction

The Course is specifically designed for any person who is involved with working at height.

What does the course include?

- Introduction
- Problems Associated with Safe Working at Heights
- Legislation
- Employers Responsibility
- Employees Responsibility
- Risk Assessment
- Safe Systems of Work
- Passive Safety Systems
- Restraint Systems
- Fall Arrest Systems
- Fall Arrest Equipment Introduction
- Pre Use Inspection
- Donning a Safety Harness
- Safe Use of Associated Equipment
- Anchorage Point Identification
- Horizontal Safety Systems
- Vertical Safety Systems
- Temporary Safety Products
- Maintenance & Checking of Equipment
- Cleaning & Storage
- Multiple Choice Test
- Review & Question Time

How long is the course?

1 Day

Why do I need it?

The Course is specifically designed for any person who is involved with working at height.

What Qualification do I get?

On satisfactory completion of the course a certificate of competence will be issued that will be valid for three years.

What can I do next?

Once you have completed the course it is possible to progress to the WAH Supervisors course.

Where can I train?

The training can be delivered on your site if it meets the course requirements or at one of our three training centres situated throughout the UK.