



## Safety Harness Training

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### Introduction

The Work at Height Regulations stipulate that any person working at height must be trained & competent in the use of Work at Height equipment including Rescue procedures, our courses are designed with the Regulations in mind, so that the delegates are armed with the required knowledge to do their job in the safest possible manner. Whether you are a Scaffolder, a Roofer, a Steel Erector, or if you work using Access Platforms and towers, TR Training have a training course that can be tailor made for your individual needs.

### What does the course include?

- Basic inspection and fitting of Safety Harnesses & Lanyards
- MEWP safety harness training course
- Safety Harnesses Training for Managers and Supervisors
- Emergency Evacuation from Mechanical Lifting Equipment
- Competent Person Inspection of Safety Harnesses and Record Keeping
- Rescue Training
- Emergency Evacuation training from MHE including MEWP's

### How long is the course?

8 Hours

### Why do I need it?

The Work at Height Regulations stipulate that any person working at height must be trained and competent in the use of Work at Height equipment including Rescue procedures

### What Qualification do I get?

All of our training courses are delivered by our industry experienced instructors all delegates will receive a certificate of training.

### What can I do next?

Once you have completed the operative training course it is possible to progress to the Safety Harnesses Training for Managers and Supervisors. We also offer CPCS training on MEWP boom and scissor.

### Where can I train?

The training can be delivered on your site if it meets the course requirements or at one of our three training centres situated throughout the UK.